

# Massage

60 Minute Massage . . . . .	\$60
Series of 3. . . . .	\$175
90 Minute Massage . . . . .	\$95
Foot Massage (30 min.) . . . . .	\$45
Pregnancy . . (1 hr.–come 10 min. early)	

## SYNERGIE AESTHETIC MASSAGE

1 Treatment. . . . .	\$75
8 Treatments . . . . .	\$600
<i>(Free body suit)</i>	
16 Treatments . . . . .	\$1,125
<i>(Free treatment &amp; body suit)</i>	

## Swedish (60 Min)

Soothes and relaxes tired muscles; enhances circulation, inducing a feeling of well-being and relaxation, combining health-enhancing benefits of essential oils and massage.

## Deep Tissue Therapeutic (60 Min)

For physically active individuals with chronic pain, muscle fatigue as well as limited range of motion. Our therapists use a variety of techniques to alleviate discomfort/tightness.

## Synergie Massage System

The ultimate solution for reducing cellulite. A revolutionary vacuum massage technology proven to improve the appearance of the skin resulting in better circulation, and it also helps tone the body.

## Essential Oil Foot Massage

10 minutes of relaxing massage with therapeutic oils to the most overworked area of your body, the feet.

# Raindrop Therapy

Raindrop therapy uses Young Living therapeutic essential oils, massage techniques, moist heat and stretching that enhance overall health and wellness – beneficial for back pain, foot pain, sciatica, scoliosis, disc injury, tension in head and neck, respiratory ailments, low immune system, improving moods, and flexibility. This therapy is so beneficial we've developed three different sessions for our guests to enjoy.

Deluxe Raindrop (60 Min) . . . . . \$70  
Original Raindrop with deep tissue massage.

Ultimate Raindrop (80 Min) . . . . . \$85  
1 hour and 20 minutes of heaven!  
All the wonderful benefits of the Deluxe Raindrop with deep tissue and essential oil massage for the shoulders, arms, hands, legs and feet.

Hot Stone (60 Min) . . . . . \$80  
Hot stone massage is a specialty massage that uses smooth, heated stones of various shapes and sizes. They are often basalt, a black volcanic rock that absorbs and retains heat well. It is a deeply soothing, relaxing form of massage. The heat helps tight muscles release.



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